

# Plan4Health Nashua Complete Streets Project

Working to make the streets friendlier for walking and biking...  
or any way you choose to get around Nashua!

## What Are Complete Streets?

Roads designed for safety with everyone in mind – no matter what age and how they want to get around their community

## How Do Complete Streets Improve Where I Live?

More choices to get to work, school, or local businesses

Promotes healthy activity and independence

Well-lit streets and more trees can help make the neighborhood safer, more attractive, and a nice place to meet other residents

Supports our local economy because people have easier access to stores and shops

Sidewalks and bike lanes make it easier and safer to travel

Nashua has already made improvements to street designs to make them safer and more attractive for walkers and bicyclists.



## What Do Complete Streets Look Like?

Wide sidewalks and “tip downs” at crosswalks for strollers and people with disabilities

Well-marked bike lanes and crosswalks

Bus stops that are easy to get to

Trees and plantings on sidewalks and medians to make a more attractive and pleasant neighborhood

Complete Streets look different for every neighborhood depending on what the community needs and wants. Here's an example from the New York City Department of Transportation showing how streets can be designed for everyone to get around safely.



## How Can I Help?

In the first few months of the project, the City of Nashua's planning and public health departments, along with other Plan4Health Nashua partners, are gathering information about how people in the community get around – what's safe and where it can be improved.

We are asking people to support these efforts in a variety of ways from providing us with info about how they get around to sharing info about the project.

Plan4Health Nashua is an initiative of the Greater Nashua Public Health Advisory Council

### FOR MORE INFO CONTACT:

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