

Creating Healthy Communities Workshop Series

**NEW
DATES
Added!**

Inspire, Empower, Embrace...

What does it take to build a healthy community?

- ◆ Community **vision** to create healthy places where people live, learn, work, and play
- ◆ An understanding of **community needs** to improve access to healthy food and physical activity
- ◆ Community **partnership** comprised of leaders and champions working together to effect change

Join us for one or all of this 8 part series designed to provide participants with the steps and skills needed to create and sustain a healthy community!

Strengthening Your Facilitation Skills *

Sue Cagle and Sharon Cowen,
UNH Cooperative Extension

Thursday & Friday, May 19 & 20, 2016
8:30 AM—4:00 PM
Location: Highland Center,

Hart's Location, NH

Fee: \$120

Coalition Building using Collective Impact *

Sue Cagle and Sharon Cowen,
UNH Cooperative Extension

Thursday, April 7, 2016: 9:00 AM—4:00 PM
Location: Foundation for Healthy Communities
Fee: \$60

Community Readiness Assessment Training: Is your community ready to take action?

Regina Flynn & Scott Foster,
NH Division of Public Health Services

Thursday, June 2, 2016: 9:00 AM—2:00 PM
Location: Foundation for Healthy Communities
Fee: \$30

Facilitation Challenges and Tips for Success *

Sue Cagle and Sharon Cowen,
UNH Cooperative Extension

September 21, 2016, 9:00 AM—3:00 PM
Location: Foundation for Healthy Communities
Fee: \$60

"Shhhhh, listen...It's the community talking!" Effective practices of community engagement and involvement *

Molly Donovan and Sue Cagle
UNH Cooperative Extension

Thursday, December 8, 2016, 9:00 AM—3:30 PM
Location: Foundation for Healthy Communities
Fee: \$60

Policy and Advocacy for Local Change

Melissa Bernardin, & Nancy Vaughan,
American Heart Association

March 8, 2017: 9:00 AM—3:30 PM*
* Snow date: March 15, 2017

Location: Foundation for Healthy Communities
Fee: \$60

The Creating Healthy Communities Workshop Series will take place over the course of 18 months, concluding in mid-2017.

Participate in all 8 workshop topics and receive:

- A "**Creating Healthy Communities Leader**" certificate from the Foundation for Healthy Communities and HEAL NH**
 - Free registration for your 8th workshop
- Certificates of attendance are available for each session.

Registration fee covers meals and materials.

Scholarships are available. Please send your scholarship inquiry to Beth at bwheeler@healthynh.com

** Credit will be provided for trainings in Strengthening Your Facilitation Skills and Community Readiness Assessment if these workshops have been completed previously. Proof of attendance is required.

Collaboration Multiplier: Building effective partnerships for catalyzing change

Sandra R. Viera, MPA, Prevention Institute
Maureen Silva, MPH, Prevention Institute

2 day workshop:

- Thursday, April 27, 2017: 9:00 AM—3:00 PM & Friday, April 28, 2017: 9:00 AM—12:00 PM

Location: Foundation for Healthy Communities
Fee: \$90

Evaluating Community Change

Anne Nordstrom, Antioch University

June 2017: Date TBA

Location: Foundation for Healthy Communities

* Co-sponsored and presented by:



To register or for more information and session descriptions visit:

<http://healnh.org/index.php/creating-healthy-communities-workshop-series>

Questions? E-mail bwheeler@healthynh.com



Healthy People
Healthy Places



Foundation for
Healthy Communities